

# Lindfield East Public School

## Anti-bullying Plan 2021

**Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.**

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Lindfield East Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Whole school days - Harmony Day / National Day Against Bullying, social skills program, behaviour code
Terms 2 -4	Explicit lessons in student behaviour expectations revisited each term
Terms 1 - 4	Cyber safety lessons reinforced through speakers, presentations.

### 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Behaviour Code, Code of Conduct
Term 2	Review and implementation of wellbeing resources eg Smiling Minds
Terms 2-4	Wellbeing sessions at weekly admin meetings, growth mindset focused conversations
Terms 1- 4	Classroom and playground behaviour management flowcharts/expectations

### 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New and casual staff will be informed about the school's approaches and strategies to support student wellbeing and how to prevent and respond to student bullying behaviour, when it does occur. An executive member speaks to new and casual staff when they enter duty at the school. All casual teachers at the school are inducted and receive the following::

- student information for the class they are teaching is provided in a handout to staff when they enter on duty at the school.
- copies of the classroom and playground behaviour management flowcharts.
- information on whole school reward systems

The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan     NSW Anti-bullying website     Behaviour Code for Students

## 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	Parent/teacher night presenting behaviour code, cyberbullying parent session
Terms 1-4	Newsletter wellbeing focus containing information and tips re cyber safety
Terms 2 -4	Parent workshops -cyber safety, resilience

## 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

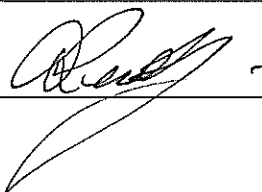
- Lindfield East Public School Classroom and Playground Behaviour Expectations
- Recognition of student effort and achievement through Lindfield East Public School Award System
- School Values communicated to students, staff and community
- Explicit wellbeing teaching and learning programs with a focus on resilience, optimistic thinking, social and emotional development and anti-bullying
- NSW anti-bullying strategy resources and lessons implemented
- Participation in Life Education lessons K-6
- Participation in Peer Mediation program

Completed by: David Roberts

Position: Deputy Principal

Signature:  Date: 7/6/21

Principal name: Diane Read

Signature:  Date: 7/6/21